

National College Health Assessment

Sexual Health Results
Spring 2008

Note.

- The following information is the property of the University of Missouri, Student Health Center.
- Any information used must be appropriately referenced or will be considered plagiarism.

Reference:

- American College Health Association. American College Health Association - National College Health Assessment (ACHA-NCHA) Web Summary. University of Missouri, Student Health Center, Spring 2008.
- N=982, 20% response rate

American College Health Association

Mission:

- ...to be the principal advocate and leader in college and university health through offering programs, services, and advocacy for more than 85 years. Membership is comprised of physicians, physicians' assistants, pharmacists, psychologists, health promotion professionals, and nurses. This national organization has created a college-specific health survey designed to assess the health issues faced by college students. Topics include: mental and physical health, sexual behavior and contraception, drug use, body image, nutrition and exercise, and impediments for academic performance. The following are results specific to sexual health and contraception.

Living Arrangement

Residence Hall	26%
Off Campus Housing	59%
Greek Housing	7%
Parent's House	3%
Other University Housing	2%
Other	3%

Ethnicity

	Sample	UM Population (N=27,711)
African American	3%	5.6%
American Indian/Alaskan	1%	0.6%
Asian/Pacific Islander	7%	2.6%
Hispanic	2.4%	1.8%
White	86%	80.8%
Non-resident alien	DNR	5.1%
Unreported	DNR	3.6%

Gender

	Sample	UM Population
Female	67%	60.3%
Male	33%	39.7%

Year in School

	Sample	UM Population
1 st year	20.8%	21.1%
2 nd year	13.5%	16.9%
3 rd year	17.6%	16.8%
4 th year	15%	16.8%
5 th year	4.5%	21.2%
Graduate	27.9%	20.1%

Relationship Status

- 52% Single
- 36% Engaged or committed relationship
- 11.2% Married or domestic partner
- 0.8% Widowed or divorced

Preventative Care

- 39% of men had performed a TSE in the last month
- 47% of women had performed a BSE in the last month
- 69% of women had received a routine gynecological exam in the last year

Diagnosed in their lifetime

- 0.6% Genital herpes
- 3.2% Genital warts/HPV
- 0.5% Hepatitis B or C
- 2.2% Chlamydia
- 0.2% Gonorrhea

Affected Academic Performance

- Pregnancy (yours or your partner's)
 - 1.9% experienced but academics not affect
 - 0.4% received a lower grade on exam
 - 0.2% received a lower grade in course

Affected Academic Performance

■ Relationship difficulty

- 33.2% experienced but did not affect academics
- 10% received lower grade on exam
- 4.2% received lower grade course
- 0.4% incomplete or had to drop course

Source Information-Pregnancy

	Received It	Believed It
Leaflet	68%	66%
Campus Office	28%	54%
Medical Staff	72%	94%
Health Educator	65%	94%
Friends	72%	25%
RAs	26%	41%
Parents	83%	70%
Religion	15%	33%
TV	48%	20%
Magazines	56%	27%
Peer Educator	33%	65%
Faculty	54%	82%
Internet	80%	25%

Source Information- AIDS

	Received It	Believe It
Leaflet	66%	66%
Campus Office	37%	60%
Medical Staff	73%	96%
Health Educator	68%	95%
Friends	70%	25%
RAs	30%	42%
Parents	82%	71%
Religion	13%	29%
TV	52%	18%
Magazines	58%	48%
Peer Educator	33%	64%
Faculty	55%	80%
Internet	81%	30%

Source Information-Sexually Transmitted Diseases (STDs)

	Received It	Believe It
Leaflet	65%	64%
Campus Office	31%	58%
Medical Staff	69%	95%
Health Educator	63%	94%
Friends	69%	23%
RAs	25%	39%
Parents	81%	68%
Religion	12%	28%
TV	50%	19%
Magazines	58%	28%
Peer Educator	29%	61%
Faculty	50%	78%
Internet	81%	28%

Sexual Behavior (within the last year)

- 26.2% of respondents were sexually abstinent with 51% having one partner
- 22% had engaged in sexual activity with 2 or more partners

Perception-Sexual Behavior (within the last year)

- Students perceived that :
 - 2% of their peers were sexually abstinent,
 - 12.6% had one partner,
 - 84% had engaged in sex with 2 or more partners

Oral Sex

■ Actual

- 25% had never engaged
- 27% had not engaged in the last 30 days
- 47.6% had engaged in oral sex 1 or more times

■ Perceived

- 5% had never engaged
- 95% had oral sex 1 or more times

Vaginal Sex

■ Actual

- 27.7% had never engaged in vaginal sex
- 19% had not engaged in vaginal sex in the last 30 days
- 53.6% had engaged in vaginal sex 1 or more times

■ Perceived

- 4% had never engaged in vaginal sex
- 96% had engaged in 1 or more times

Anal Sex

■ Actual

- 77% had never engaged in anal sex
- 19% had not engaged in anal sex in the last 30 days
- 4% had engaged in anal sex 1 or more times

■ Perceived

- 45% had not engaged in anal sex
- 54% had engaged in anal sex 1 or more times

Protective Measures of Students- Oral Sex

- 46.7% had never used a condom during oral sex
- 0.8% had always used a condom during oral sex
- 2.3% had used a condom but only sporadically

Students accurately depicted the percent of their peers who use a condom during oral sex (or lack thereof)

Protective Measures of Students Vaginal Sex

- 18% never used a condom during vaginal sex
- 19.3% had always used a condom
- 16.3% had used a condom sporadically

Students perceived their peers had engaged in more unprotected sex than they actually did

Protective Measures of Students- Anal Sex

- 5% never used a condom during anal sex
- 1.6% always used a condom
- 1.5% used a condom sporadically

The Last Time...

- 2% of respondents had used a condom during oral sex
- 38.8% had used a condom during vaginal sex
- 5% had used a condom during anal sex

Most frequently reported methods

- BC pills (48.6%)
- Condoms- male/female (40%)
- Withdrawal (19%)

Miscellaneous Reporting

- 8% of respondents had used the “morning after pill” within the last school year
- 1.7% of respondents had gotten pregnant or gotten someone else pregnant
- 30% of respondents have been tested for an STD at some time in their life