SEXam \(\text{seks \cdot am}\)

*n., slang*

1. The daily ritual of investigating, advocating and protecting your rights as a sexual being. 2. Preparing includes seeking regular STI testing, openly communicating your sexual needs to your partner(s), exploring your beliefs and establishing your boundaries.

Follow the SHAPE peers’ SWD comic strip or find the SEXtionary at studenthealth.missouri.edu/SHAPE or SHealth.missouri.edu
SHAPE=Sexual Health Advocate Peer Education ■ SHAPE is supported by the MU Student Health Center. ■ (573) 882-1417